



DISCOUNT  
OFFICE  
FURNITURE

# HEIGHT ADJUSTABLE

# ■ INTRODUCTION

A collection of height adjustable and electric sit/stand desking to provide a flexible, healthier working environment.



**HEIGHT ADJUSTABLE**

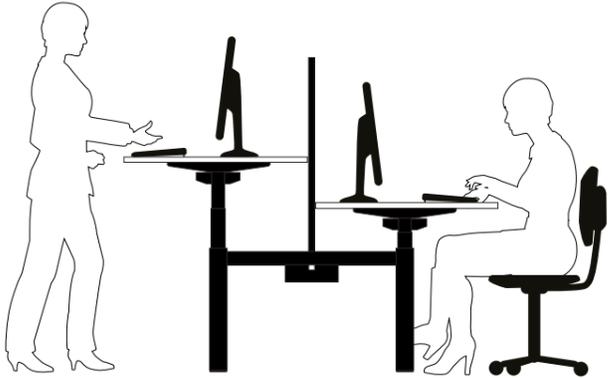
# HEIGHT ADJUSTABLE



A selection of cranked handle height adjustable desk solutions are available to complement standard desk ranges. Available in both 600mm and 800mm deep with Cantilever, Goalpost and Hoop leg designs.



# FREEDOM BENCH



## SIT/STAND DESKING

There was a time when sit-stand desks were a curiosity seldom seen inside a regular office environment. That's changed, largely in part to research showing that the cumulative impact of sitting all day for years is associated with a range of health problems, from obesity to diabetes to cancer. The average office worker spends 5 hours and 41 minutes sitting each day at his or her desk, some describe this problem with a pithy new phrase that's undeniably catchy, if somewhat exaggerated, "Sitting is the new smoking."

Sit-stand desks increase focus, alertness and activity levels. These all support each other. When standing it is easier to release restless energy. Combine that with good circulation, stable blood sugar and an active metabolism and it is easier to focus on the task at hand. Many authors and statesmen throughout the centuries who swear by working at a standing desk have claimed that it helps get the creative juices flowing.

### PIEZO Anti-Collision Technology

Freedom electric actuators are fitted with PIEZO as standard. PIEZO is a hardware based anti-collision solution from LINAK. The solution is based on a PIEZO sensor that has been completely integrated in the lifting column – without visually altering the desk design. The built-in PIEZO sensor reacts to any obstruction when raising or lowering the desk, then halts and reverses to avoid collision.

### User Well-Being - Desk Control Software

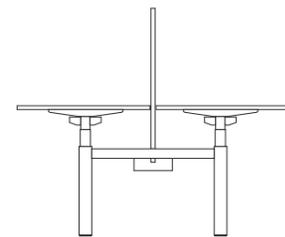
Desk Control™ is a software desk panel for use in all types of office desks. The Desk Control software is installed on your computer (PC or MAC) making the use / adjustment of your desk intuitive in your daily work. The software program contains the typical desk panel features like up-down adjustment, up to 3 memory positions, and height read-out. Additionally, the program reminds you to adjust your desk, counting the time standing as well as the calories burned. The intervals are self-elected making Desk Control a very personal tool. Simply connect the FDCC cable between your control box and your computer and install the free software supplied.



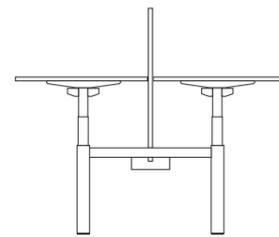
Freedom bench offers total flexibility by allowing individual desktop adjustment across any bench configuration. This allows a 4 person bench cluster to accommodate 4 different options of desktop adjustment. Users can also replace adjustment frames at a later date to suit specific requirements.



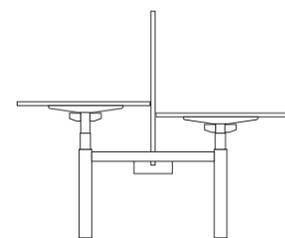
The Freedom system incorporates 2 fixed height options and 3 height adjustable actuator options as standard. These include FIXED (725 or 1100mm incl. desk top), RATCHET (655-795mm inc. desk top), MANUAL CRANK (655-1005mm incl. desk top) and ELECTRIC (600-1260mm incl. desk top) and the system will accommodate desktops ranging in width from 1200mm up to 1800mm and 800mm in depth, giving an overall bench depth of 1600mm.



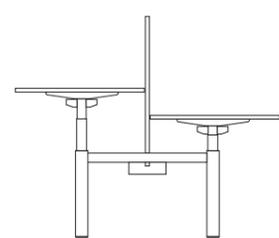
725mm Fixed Height



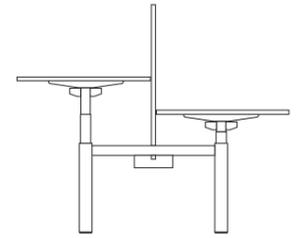
1100mm Fixed Height



655-795mm Ratchet



655-1005mm Manual Crank



600-1260mm Sit/Stand Electric

Individual Freedom electric desks are one of the most stylish, height adjustable and are designed and manufactured in the UK offering a full 5 year guarantee.



With an adjustment between 600mm to 1260mm using the electric actuator option, this gives Freedom the TRUE Sit-Stand solution.





Freedom Lite is a more cost effective option of Sit/Stand electric desking. A choice of desk shapes and sizes are available to suit your requirements



Freedom Lite desks have an electric height adjustment between 710mm and 1210mm.

Freedom Lite is also available as a single or 2 piece corner workstation to provide additional desk space.



Floor standing screens provide extra privacy for height adjustable desk configurations.



# UNIVERSAL STORAGE

## Low to high storage

(available as 2062mm, 1657mm, 1252mm, 847mm & 725mm high)



1200mm & 1000mm wide open tambour units

1200mm & 1000mm wide tambour units



1000mm & 800mm wide open units

1000mm & 800mm wide pigeon hole units

1000mm, 800mm & 600mm wide bookcases

corner bookcase

## Low to high storage

(available as 2062mm, 1657mm, 1252mm, 847mm & 725mm high with a choice of handle)



1000mm & 800mm wide open cupboards

1000mm & 800mm wide cupboards

## Personal lockers

(choice of 2, 3, 4 or a single door option)



personal lockers available with various door options

## Filing cabinets

(with a choice of handle)



600mm deep filing cabinets (4, 3 or 2 drawers)

525mm deep filing cabinets (4, 3 or 2 drawers)

## Desk high storage

(no handles)



radial end open storage

radial end tambour storage

wave tambour storage

600mm deep mobile tambour unit

600mm deep mobile open unit

600mm deep tambour unit

600mm deep open unit

## Desk high storage

(with a choice of handle)



600mm deep mobile cupboard

600mm deep cupboard

1000mm & 1200mm wide sliding door cupboards

1200mm & 1600mm wide credenza units



combination open unit



combination cupboard unit



525mm & 600mm deep side filers

## Desk high pedestals

(Available with 2, 3 or 4 drawers and a choice of handle)



extension pedestals

wave extension pedestals

narrow 600mm deep pedestals

600mm deep pedestals

narrow 800mm deep pedestals

800mm deep pedestals

## Mobile pedestals

(with a choice of handle)



narrow mobile pedestals

mobile pedestals

narrow tall mobile pedestal

tall mobile pedestal

600mm deep mobile desk high pedestal

800mm deep mobile desk high pedestal

(choice of 2 or 3 drawers)

(3 drawers only)

(3 drawers only)

(3 drawers only)

(3 drawers only)

## Fixed pedestals & pull out tower

(with a choice of handle)



fixed pedestals

pull out tower

(choice of 2 or 3 drawers)

# FINISHES

## BOARD FINISHES

All products are manufactured using 18 & 25mm thick Melamine Faced Chipboard (MFC) sourced from across the world for optimum quality. An impressive Selection of 17 board finishes and 21 backboard finishes are available.

Colours storage is available with a choice of 17 board finishes for fascias and doors.

All desking, storage & pedestal tops are finished with 2mm PVC heavy duty edging tape.

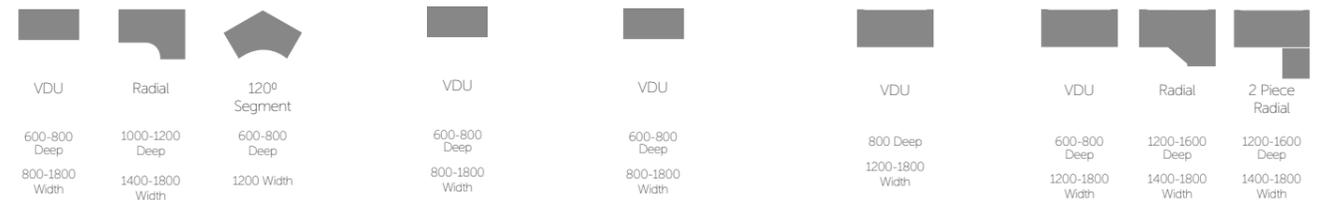


## TRIM FINISHES

All metalwork is epoxy powder coated with a choice of up to 5 finishes as standard.



## DESKTOP SHAPES



## CABLE MANAGEMENT

Freedom bench has been designed for total cable management to enable simple and hassle free desk height adjustment.





DISCOUNT  
OFFICE  
FURNITURE